



## Travel Destinations & Activities

February 4, 2010  
**Ceramic Shopping Trip**  
 10:00

Come along to see what's new in ceramics, or to purchase that irresistible piece. Maybe you need some supplies. Bring lunch money as we will eat out.

February 5, 2010  
**Valentine Dinner Dance**  
 \$5; 5-9

Bring your sweetheart to the Valentine's Dinner Dance, and dance (5-9) to the music of Tony Summerhays. Dinner served from 5-6. Menu includes salad, rice, chicken cordon bleu, and cheese-cake for dessert. Reservations OK.

February 8, 2010  
**Harlem Globetrotters**; 4:00;  
 \$25 per person

Join us for an evening of fun and laughter as we attend the Globetrotters game at the Energy Solutions Arena in Salt Lake City. These clowns of basketball are sure to capture your heart as they perform their antics on the court.

The Harlem Globetrotters were organized 84 years ago and have thrilled audiences around the world. Today, a new generation of stars carries on this storied tradition with timeless basketball exhibitions.

We will stop in Farr West on the way down to the game for a hamburger.

February 10, 2010  
**Integrity Home Health Craft Day**  
 10:30-Noon

Integrity Health is sponsoring a Valentine craft in the main hall. There is no cost to participate. Please RSVP to Sarah for an accurate count.

February 11, 2010  
**Senior Day at the Legislature**

Having seniors attend and share their feelings with our local representatives may have a huge impact on funding available for Senior Centers and the Meals On Wheels program. Contact Sarah to sign up. See p. 4 for more information.

February 17, 2010  
**Living Planet Aquarium**  
 \$18 person; 11:00 am  
 Price includes feeding the stingrays at 2:30 pm

On April 19th, the aquarium reached one million visitors since opening the preview exhibit at The Gateway in 2004. It has surely become one of Utah's most unique and popular attractions, and is definitely a must-see if you are planning a trip to Utah. Exhibits feature sharks, rays, seahorses, jellyfish as well as octopus, eels, starfish, amphibians, trout and other freshwater species, providing a unique opportunity for the many landlocked Utahans who have not previously had the chance to interact with such creatures. There are lots of things to see and do at The Living Planet Aquarium!

February 23, 2010  
**Care Beyond Cancer**  
 1:00 pm

Vista Care is presenting **Care Beyond Cancer** to address your cancer patients' needs, using a specialized, team approach. Their expertise is in treating pain and symptoms caused by cancer, and in providing emotional, psychosocial, and spiritual support for those who are coping with the effects of cancer.

February 26, 2010  
**Winter Rodeo @ Golden Spike Event Center**  
 \$10; 5:30 pm

Enjoy great seats at the Winter Rodeo in the comfort of the indoor

arena where you'll be out of the cold.

There are two wheelchair spots on the bus. We will be eating on the way down.

**June 7-9, 2010**

Tuacahn Theatre Tour. Features shows "Cats" and Disney's "Tarzan."

The Tuacahn Center for the Arts is set at the base of Padre Canyon, a box canyon with 1500 feet of red rock cliffs in the background. An unlikely setting for a Broadway type theater, it is now nationally proclaimed for its high quality professional entertainment. Tuacahn is home to the Tuacahn High School for the Performing Arts.

This summer's productions will be no less than fantastic as the Center presents "Cats" and "Tarzan" (who would have thought Tarzan would become a musical?) "Cats" was the winner of seven 1983 Tony Awards including Best Musical. Cats was written by Andrew Lloyd Webber.

Lodging is at the "Ramada" and the trip includes the bus tour, hotel, breakfast, 1 dinner and two shows. A deposit of \$50 will hold your seat.

### Change in Travel Program Reservation Policy

The City's Accounting Policy for Senior Center trips has changed the way trips are organized. *Payment in full is required within three (3) days of registering to guarantee your seat.* Delays in payment will result in your name being moved to a waiting list, or dropped from the roster.



*Love* is a mighty power, a great and complete good. Love alone lightens every burden, and makes the rough places smooth. . .

Thomas A. Kempis (c. 1380-1471)

Look for the following symbol hidden somewhere in this issue of the Senior News.

